Are locals inevitably slow?

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How to code 3dup?

: 3dup.3 {: a b c :} a b c a b c ;

instr.	bytes	system
41	158	Gforth AMD64
16	44	iforth 5.0.27 (plus 20 bytes entry and return code)
7	19	lxf 1.6-982-823 32-bit
41	149	SwiftForth 3.11.0 32-bit (calls LSPACE)
26	92	VFX Forth 64 5.11 RC2

\mathbf{i}	lxf	code
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mov	eax , [ebp]
mov	[ebp-Ch] , eax
mov	eax , [ebp+4h]
mov	[ebp-8h] , eax
mov	[ebp-4h] , ebx
lea	ebp , [ebp-Ch]
ret	near

VICHECK from Nick Nelson's "Better Values"

```
: VICHECK {: pindex paddr -- pindex' paddr :} \ Checks for valid index
\ paddr is the address of the data, the first cell of which contains the array size
    pindex 0 paddr @ WITHIN IF \ Index is valid
        pindex paddr
ELSE \ Index is invalid
        \ code for reporting the error elided
THEN ;
```

```
: VICHECKs ( pindex paddr -- pindex' paddr ) \ Checks for valid index
\ paddr is the address of the data, the first cell of which contains the array size
    over 0 2 pick @ WITHIN IF \ Index is valid
        \ the stack already contains the stuff
    ELSE \ Index is invalid
        \ code for reporting the error elided
    THEN ;
```

VICHECK from Nick Nelson's "Better Values"

instru	ctions	bytes		system
locals	stack	locals	stack	
21	9	68	27	lxf 1.6-982-823 32-bit
22	5	78	19	VFX Forth 64 5.11 RC2

Discussion and Conclusion

- Are locals inevitably slow? No
- lxf is analytical about the return stack (including locals) but only in straight-line code
- C compilers have been register-allocating locals for decades Even on architectures like IA-32 with 8 registers

Counterarguments

- Locals are against the Forth spirit
- Locals are not used enough to justify optimizing them